



LIMITLESS POTENTIAL

IGNITE PASSION

EMBRACE DIFFERENCE

P.E. Curriculum Overview 2020/ 21

Year Group	Autumn Term		Spring Term		Summer Term	
Year 1	<p>Autumn 1 Focus: Real P.E. unit 1 and Dance</p> <p>Learning Objectives:</p> <p>Copies and explores basic movements with some control and coordination.</p> <p>Balances with some control.</p> <p>Can travel in a variety of ways including running and jumping.</p> <p>Beginning to develop hand-eye coordination.</p> <p>Can run at different speeds.</p>	<p>Autumn 2 Focus: Real P.E. unit 2 and Gymnastics</p> <p>Learning Objectives:</p> <p>Copies and explores basic movements with some control and coordination.</p> <p>Balances with some control.</p> <p>Can travel in a variety of ways including running and jumping.</p> <p>Beginning to develop hand-eye coordination.</p> <p>Can run at different speeds.</p> <p>Can jump from a standing position.</p>	<p>Spring 1 Focus: Ball Skills and Gymnastics</p> <p>Learning Objectives:</p> <p>Beginning to perform a range of throws.</p> <p>Receives a ball with basic control.</p> <p>Beginning to develop hand-eye coordination.</p> <p>Participates in simple games.</p>	<p>Spring 2 Focus: Throwing ,aiming , catching And HRF</p> <p>Learning Objectives:</p> <p>Beginning to perform a range of throws.</p> <p>Receives a ball with basic control.</p> <p>Beginning to develop hand-eye coordination.</p> <p>Participates in simple games.</p>	<p>Summer 1 Focus: Striking & fielding and HRF</p> <p>Learning Objectives:</p> <p>Can travel in a variety of ways including running and jumping.</p> <p>Beginning to perform a range of throws.</p> <p>Receives a ball with basic control.</p> <p>Beginning to develop hand-eye coordination.</p> <p>Participates in simple games.</p>	<p>Summer 2 Focus: Mini Athletics and Striking & Fielding</p> <p>Learning Objectives:</p> <p>Can travel in a variety of ways including running and jumping.</p> <p>Beginning to perform a range of throws.</p> <p>Receives a ball with basic control.</p> <p>Beginning to develop hand-eye coordination.</p> <p>Participates in simple games.</p>

	<p>Dance Learning Objectives:</p> <p>Copies and explores basic movements and body patterns.</p> <p>Remembers simple movements and dance steps.</p> <p>Links movements to sounds and music.</p> <p>Responds to range of stimuli.</p>	<p>Gymnastics: Learning Objective:</p> <p>Copies and explores basic movements with some control and coordination.</p> <p>Can perform different body shapes.</p> <p>Performs at different levels.</p> <p>Can perform 2 footed jump.</p> <p>Can use equipment safely.</p> <p>Balances with some control.</p> <p>Can link 2-3 simple movements.</p>	<p>Gymnastics: Learning Objective:</p> <p>Copies and explores basic movements with some control and coordination.</p> <p>Can perform different body shapes.</p> <p>Performs at different levels.</p> <p>Can perform 2 footed jump.</p> <p>Can use equipment safely.</p> <p>Balances with some control.</p> <p>Can link 2-3 simple movements.</p>	<p>HRF: Learning Objective:</p> <p>Balances with some control</p> <p>Can perform 2 footed jump</p> <p>Beginning to develop hand-eye coordination</p> <p>Can travel in a variety of ways including running and jumping.</p> <p>Can run at different speeds.</p> <p>Can jump from a standing position</p>	<p>HRF: Learning Objective:</p> <p>Balances with some control</p> <p>Can perform 2 footed jump</p> <p>Beginning to develop hand-eye coordination</p> <p>Can travel in a variety of ways including running and jumping.</p> <p>Can run at different speeds.</p> <p>Can jump from a standing position</p>	<p>Mini Athletics: Learning Objective:</p> <p>Can run at different speeds.</p> <p>Can jump from a standing position.</p> <p>Performs a variety of throws with basic control.</p>
Year 1	Clubs		Competition/Festivals		Enrichment Opportunities	
	<p>Multi Skills Health and Well Being Dance Club Target Skills</p>		<p>Intra Sports Hall Athletics competition Dance Festival</p>		<p>Athlete Visit Cricket club- Seaton Burn</p>	

Year Group	Autumn Term		Spring Term		Summer Term	
Year 2	<p align="center">Autumn 1</p> <p align="center">Focus: Real P.E. unit 1 and Dance</p> <p>Real P.E. Learning Objectives: Uses space well and negotiates space clearly. Develop strong spatial awareness. Can change speed and direction whilst running. Can jump from a standing position with accuracy.</p>	<p align="center">Autumn 2</p> <p align="center">Focus: Real P.E. unit 2 and Gymnastics</p> <p>Real P.E. Learning Objectives: Varies levels and speed in sequence Add change of direction to a sequence Uses space well and negotiates space clearly. Develop strong spatial awareness. Can change speed and direction whilst running. Can jump from a standing position with accuracy.</p>	<p align="center">Spring 1</p> <p align="center">Focus: Throwing & Catching and Gymnastics</p> <p>Throwing/catching Learning Objectives: Confident to send the ball to others in a range of ways. Beginning to apply and combine a variety of skills Develop strong spatial awareness. Develop simple tactics and use them appropriately. Beginning to develop an understanding of attacking/ defending.</p>	<p align="center">Spring 2</p> <p align="center">Focus: Dribbling & Kicking and HRF</p> <p>Dribbling/kicking Learning Objectives: Confident to send the ball to others in a range of ways. Beginning to apply and combine a variety of skills Develop strong spatial awareness. Beginning to develop own games with peers. Develop simple tactics and use them appropriately. Beginning to develop an understanding of attacking/ defending.</p>	<p align="center">Summer 1</p> <p align="center">Focus: HRF and Pass and Shooting</p> <p>Passing/shooting Learning Objectives: Confident to send the ball to others in a range of ways. Beginning to apply and combine a variety of skills (to a game situation) Develop strong spatial awareness. Beginning to develop own games with peers. Understand the importance of rules in games. Develop simple tactics and use them appropriately. Beginning to develop an understanding of attacking/ defending.</p>	<p align="center">Summer 2</p> <p align="center">Focus: Athletics and Striking & Fielding</p> <p>Striking/fielding Learning Objectives: Confident to send the ball to others in a range of ways. Beginning to apply and combine a variety of skills (to a game situation) Develop strong spatial awareness. Beginning to develop own games with peers. Understand the importance of rules in games. Develop simple tactics and use them appropriately.</p>

	<p>Dance: Learning Objective:</p> <p>Copies and explores basic movements with clear control.</p> <p>Varies levels and speed in sequence</p> <p>Can vary the size of their body shapes</p> <p>Add change of direction to a sequence</p> <p>Uses space well and negotiates space clearly.</p> <p>Can describe a short dance using appropriate vocabulary.</p> <p>Responds imaginatively to stimuli.</p>	<p>Gymnastics: Learning Objective:</p> <p>Explores and creates different pathways and patterns.</p> <p>Uses equipment in a variety of ways to create a sequence.</p>	<p>Gymnastics: Learning Objective:</p> <p>Explores and creates different pathways and patterns.</p> <p>Uses equipment in a variety of ways to create a sequence</p> <p>Link movements together to create a sequence</p>	<p>HRF: Learning Objective:</p> <p>Uses space well and negotiates space clearly.</p> <p>Develop strong spatial awareness.</p> <p>Can change speed and direction whilst running.</p> <p>Can jump from a standing position with accuracy.</p>	<p>HRF: Learning Objectives:</p> <p>Uses space well and negotiates space clearly.</p> <p>Develop strong spatial awareness.</p> <p>Can change speed and direction whilst running.</p> <p>Can jump from a standing position with accuracy.</p>	<p>Athletics: Learning Objectives:</p> <p>Can change speed and direction whilst running.</p> <p>Can jump from a standing position with accuracy.</p> <p>Performs a variety of throws with control and co-ordination.</p> <p><i>Preparation for shot put and javelin.</i></p> <p>Can use equipment safely.</p>
Year 2	Clubs		Competition/Festivals		Enrichment Opportunities	
	<p>Multi Skills</p> <p>Health and Well Being</p> <p>Dance Club</p> <p>Target Skills</p>		<p>Multi-Sports Festival</p> <p>Intra Sports Hall Athletics competition</p> <p>Dance Festival</p>		<p>Athlete Visit</p> <p>Cricket club- Seaton Burn</p>	

Year Group	Autumn Term		Spring Term		Summer Term	
Year 3/4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Mixed progression of skills	<p>Focus:</p> <p>Sports Hall Athletics and Dance</p> <p>Learning Objectives:</p> <p>Beginning to run at speeds appropriate for the distance.</p> <p>Can perform a running jump with some accuracy</p> <p>Performs a variety of throws using a selection of equipment.</p> <p>Can use equipment safely and with good control.</p> <p>Demonstrates accuracy in throwing and catching activities.</p> <p>Describes good athletic performance using correct vocabulary.</p> <p>Can use equipment safely and with good control.</p>	<p>Focus:</p> <p>Skipping and Gymnastics</p> <p>Learning Objectives:</p> <p>Beginning to improvise independently to create a simple dance.</p> <p>Beginning to improvise with a partner to create a simple dance.</p> <p>Translates ideas from stimuli into movement with support.</p> <p>Beginning to compare and adapt movements and motifs to create a larger sequence.</p> <p>Demonstrating precision and some control in response to stimuli.</p> <p>Beginning to vary dynamics and develop actions and motifs.</p> <p>Demonstrates rhythm and spatial awareness.</p> <p>Beginning to develop good technique when travelling, balancing, using equipment etc</p>	<p>Focus:</p> <p>Handball and Gymnastics</p> <p>Learning Objectives:</p> <p>Understands tactics and composition by starting to vary how they respond.</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Beginning to communicate with others during game situations.</p> <p>Uses skills with co-ordination and control.</p> <p>Makes imaginative pathways using equipment.</p> <p>Works well in a group to develop various games.</p> <p>Beginning to understand how to compete with each other in a controlled manner.</p>	<p>Focus:</p> <p>Invasion Games both half terms</p> <p>Learning Objectives:</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together.</p> <p>Uses skills with co-ordination, control and increasing fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p> <p>Works well in a group to develop various games.</p> <p>Compares and comments on skills to support creation of new games.</p> <p>Apply basic skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in</p>	<p>Focus:</p> <p>Net and Wall both half terms</p> <p>Learning Objectives:</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together.</p> <p>Uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p> <p>Can create their own games using knowledge and skills.</p> <p>Works well in a group to develop various games.</p> <p>Compares and comments on skills to support creation of new games.</p>	<p>Focus:</p> <p>Athletics and Striking and Fielding</p> <p>Learning Objectives:</p> <p>Beginning to run at speeds appropriate for the distance leading to year 4 objective- Beginning to build a variety of running techniques and use with confidence.</p> <p>Can perform a running jump with some accuracy leading to year 4 objective- running jump with more than one component.</p> <p>Performs a variety of throws using a selection of equipment which will lead to throwing accuracy.</p> <p>Can use equipment safely and with good control.</p> <p>Describes good athletic performance using correct vocabulary.</p>

	<p>Learning objective- Dance:</p> <p>Beginning to improvise independently to create a simple dance- lead to year 4 being able to do this confidently.</p> <p>Beginning to improvise with a partner to create a simple dance- lead to year 4 being able to do this confidently.</p> <p>Translates ideas from stimuli into movement with support-leading to year 4- precision and some control</p> <p>Beginning to compare and adapt movements and motifs to create a larger sequence.</p> <p>Uses simple dance vocabulary to compare and improve work.</p> <p>Beginning to vary dynamics and develop actions and motifs.</p> <p>Demonstrates rhythm and spatial awareness.</p> <p>Modifies parts of a sequence as a result of self-evaluation.</p>	<p>Combines equipment with movement to create sequences.</p> <p>Learning objective- Gymnastics: Yr 3</p> <p>Applies compositional ideas independently and with others to create a sequence.</p> <p>Copies, explores and remembers a variety of movements and uses these to create their own sequence.</p> <p>Describes their own work using simple gym vocabulary.</p> <p>Beginning to notice similarities and differences between sequences.</p> <p>Uses turns whilst travelling in a variety of ways.</p> <p>Beginning to show flexibility in movements</p> <p>Beginning to develop good technique when travelling, balancing, using equipment etc</p>	<p>Apply basic skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in isolation and combination.</p> <p>Learning objective- Gymnastics: Yr 4</p> <p>Links skills with control, technique, co-ordination and fluency.</p> <p>Understands composition by performing more complex sequences.</p> <p>Beginning to use gym vocabulary to describe how to improve and refine performances.</p> <p>Develops strength, technique and flexibility throughout performances.</p> <p>Creates sequences using various body shapes and equipment.</p> <p>Combines equipment with movement to create sequences.</p>	<p>isolation and combination.</p> <p>Learning objective- As above</p>	<p>Can make suggestions as to what resources can be used to differentiate a game.</p> <p>Uses running, jumping, throwing and catching in isolation and combination.</p> <p>Learning objective- As above</p>	<p>Learning objective- Striking and Fielding:</p> <p>Understands tactics and composition by starting to vary how they respond.</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Beginning to communicate with others during game situations.</p> <p>Uses skills with co-ordination and control.</p> <p>Works well in a group to develop various games.</p> <p>Beginning to understand how to compete with each other in a controlled manner.</p> <p>Shows confidence in using ball skills in various ways, and can link these together.</p> <p>Uses running, jumping, throwing and catching in isolation and combination.</p>
--	--	---	---	--	--	---

Year 3/4	Clubs	Competition/Festivals	Enrichment Opportunities
	Dance Club Tag Rugby Netball Handball Multi-Skills	Tag Rugby Access Coaching Intra Sports Hall Athletics competition Dance Festival Hockey Festival Football Festival- Amberley	Athlete Visit Cricket club- Seaton Burn Falcons Rugby Visit and taster sessions Netball taster sessions Football visit and taster sessions Bikeability

Year Group	Autumn Term		Spring Term		Summer Term	
Year 5	<p>Autumn 1</p> <p>Focus:</p> <p>Dance and Sports Hall Athletics</p> <p>Learning Objectives:</p> <p>Can perform a running jump with more than one component.</p> <p><i>e.g. hop skip jump (triple jump)</i></p> <p>Demonstrates accuracy and confidence in throwing and catching activities.</p> <p>Describes good athletic performance using correct vocabulary.</p> <p>Can use equipment safely and with good control.</p>	<p>Autumn 2</p> <p>Focus:</p> <p>Gymnastics and Health & Fitness</p> <p>Learning Objectives:</p> <p>Beginning to show a change of pace and timing in their movements.</p> <p>Uses the space provided to his maximum potential.</p> <p>Apply combined skills accurately and appropriately, consistently showing precision, control and fluency.</p> <p>Develops strength, technique and flexibility throughout performances.</p> <p>Links skills with control, technique, co-ordination and fluency.</p> <p>Uses skills with co-ordination, control and fluency</p>	<p>Spring 1</p> <p>Focus:</p> <p>Gymnastics and Handball</p> <p>Learning Objectives:</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together.</p> <p>Uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p> <p>Works well in a group to develop various games.</p> <p>Apply basic skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in</p>	<p>Spring 2</p> <p>Focus:</p> <p>Invasion games both terms</p> <p>Learning Objectives:</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together.</p> <p>Uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p> <p>Can create their own games using knowledge and skills.</p> <p>Works well in a group to develop various games.</p> <p>Compares and comments on skills to support creation of new games.</p>	<p>Summer 1</p> <p>Focus:</p> <p>Net and Wall games both terms</p> <p>Learning Objectives:</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together.</p> <p><i>e.g. dribbling, bouncing, kicking</i></p> <p>Uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p> <p>Can create their own games using knowledge and skills.</p> <p>Works well in a group to develop various games.</p>	<p>Summer 2</p> <p>Focus:</p> <p>Athletics and Striking Fielding</p> <p>Learning Objectives:</p> <p>Beginning to build a variety of running techniques and use with confidence.</p> <p>Can perform a running jump with more than one component.</p> <p><i>e.g. hop skip jump (triple jump)</i></p> <p>Beginning to record peers performances, and evaluate these.</p> <p>Demonstrates accuracy and confidence in throwing and catching activities.</p> <p>Describes good athletic performance using correct vocabulary.</p> <p>Can use equipment safely and with good control.</p>

	<p>Learning Objective: Dance:</p> <p>Beginning to exaggerate dance movements and motifs</p> <p>Demonstrates strong movements throughout a dance sequence.</p> <p>Combines flexibility, techniques and movements to create a fluent sequence.</p> <p>Moves appropriately and with the required style in relation to the stimulus.</p> <p>Beginning to show a change of pace and timing in their movements.</p> <p>Uses the space provided to their maximum potential.</p> <p>Improvises with confidence, still demonstrating fluency across their sequence.</p> <p>Modifies parts of a sequence as a result of self and peer evaluation.</p> <p>Uses more complex dance vocabulary to compare and improve work.</p>	<p>Learning Objective: Gymnastics:</p> <p>Select and combine their skills, techniques and ideas.</p> <p>Apply combined skills accurately and appropriately, consistently showing precision, control and fluency.</p> <p>Analyse and comment on skills and techniques and how these are applied in their own and others' work.</p> <p>Develops strength, technique and flexibility throughout performances.</p> <p>Links skills with control, technique, co-ordination and fluency.</p> <p>Understands composition by performing more complex sequences.</p>	<p>isolation and combination.</p> <p>Learning Objective: Gymnastics:</p> <p>Select and combine their skills, techniques and ideas.</p> <p>Apply combined skills accurately and appropriately, consistently showing precision, control and fluency.</p> <p>Draw on what they know about strategy, tactics and composition when performing and evaluating.</p> <p>Analyse and comment on skills and techniques and how these are applied in their own and others' work.</p> <p>Uses more complex gym vocabulary to describe how to improve and refine performances.</p> <p>Develops strength, technique and flexibility throughout performances.</p> <p>Links skills with control, technique, co-ordination and fluency.</p> <p>Understands composition by performing more complex sequences.</p>	<p>Can make suggestions as to what resources can be used to differentiate a game.</p> <p>Apply basic skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in isolation and combination.</p> <p>Learning Objective: As Above</p>	<p>Compares and comments on skills to support creation of new games.</p> <p>Can make suggestions as to what resources can be used to differentiate a game.</p> <p>Apply basic skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in isolation and combination.</p> <p>Learning Objective: As Above</p>	<p>Learning Objective: Striking and Fielding</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together.</p> <p>Uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p> <p>Can create their own games using knowledge and skills.</p> <p>Works well in a group to develop various games.</p> <p>Compares and comments on skills to support creation of new games.</p> <p>Can make suggestions as to what resources can be used to differentiate a game.</p> <p>Apply basic skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in isolation and combination.</p>
--	---	--	--	---	--	---

Year 5	Clubs	Competition/Festivals	Enrichment Opportunities
	Dance Club Tag Rugby Netball Handball Multi-Skills	Girls and Boys Football Sports Hall Athletics Trail and Challenge Handball Netball Intra Sports Hall Athletics competition Dance Festival Football Festival- Amberley	Athlete Visit Cricket club- Seaton Burn Falcons Rugby Visit and taster sessions Netball taster sessions Football visit and taster sessions Bikeability



Year Group	Autumn Term		Spring Term		Summer Term	
Year 6	<p>Autumn 1</p> <p>Focus:</p> <p>Dance and Sports Hall Athletics</p> <p>Learning Objectives:</p> <p>Beginning to build a variety of running techniques and use with confidence.</p> <p>Can perform a running jump with more than one component.</p> <p>Demonstrates accuracy and confidence in throwing and catching activities.</p> <p>Can use equipment safely and with good control.</p>	<p>Autumn 2</p> <p>Focus:</p> <p>Gymnastics and Health & Fitness</p> <p>Learning Objectives:</p> <p>Beginning to show a change of pace and timing in their movements.</p> <p>Draw on what they know about strategy, tactics and composition when performing and evaluating.</p> <p>Develops strength, technique and flexibility throughout performances.</p> <p>Consistently uses skills with co-ordination, control and fluency.</p> <p>Beginning to build a variety of running techniques and use with confidence.</p>	<p>Spring 1</p> <p>Focus:</p> <p>Gymnastics and Tchouckball</p> <p>Learning Objectives:</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Keeps possession of balls during games situations.</p> <p>Consistently uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p> <p>Can make suggestions as to what resources can be used to differentiate a game.</p>	<p>Spring 2</p> <p>Focus:</p> <p>Invasion games both terms</p> <p>Learning Objectives:</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together effectively.</p> <p>Keeps possession of balls during games situations.</p> <p>Consistently uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p>	<p>Summer 1</p> <p>Focus:</p> <p>Net and Wall games both terms</p> <p>Learning Objectives:</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together effectively.</p> <p>Keeps possession of balls during games situations.</p> <p>Consistently uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p>	<p>Summer 2</p> <p>Focus:</p> <p>Athletics and Striking Fielding</p> <p>Learning Objectives:</p> <p>Beginning to build a variety of running techniques and use with confidence.</p> <p>Can perform a running jump with more than one component.</p> <p>Beginning to record peers performances, and evaluate these.</p> <p>Demonstrates accuracy and confidence in throwing and catching activities.</p> <p>Describes good athletic performance using correct vocabulary.</p>

<p>Learning Objective: Dance</p> <p>Exaggerate dance movements and motifs (using expression when moving)</p> <p>Performs with confidence, using a range of movement patterns.</p> <p>Demonstrates a strong imagination when creating own dance sequences and motifs.</p> <p>Demonstrates strong movements throughout a dance sequence.</p> <p>Combines flexibility, techniques and movements to create a fluent sequence.</p> <p>Moves appropriately and with the required style in relation to the stimulus.</p> <p><i>e.g using various levels, ways of travelling and motifs.</i></p> <p>Beginning to show a change of pace and timing in their movements.</p> <p>Is able to move to the beat accurately in dance sequences.</p> <p>Improvises with confidence, still demonstrating fluency across their sequence.</p>	<p>Learning Objective: Gymnastics</p> <p>Plan and perform with precision, control and fluency, a movement sequence showing a wide range of actions including variations in speed, levels and directions.</p> <p>Gradually increases the length of sequence work with a partner to make up a short sequence using the floor, mats and apparatus, showing consistency, fluency and clarity of movement.</p> <p>Draw on what they know about strategy, tactics and composition when performing and evaluating.</p> <p>Analyse and comment on skills and techniques and how these are applied in their own and others' work.</p> <p>Develops strength, technique and flexibility throughout performances.</p>	<p>Beginning to record peers performances, and evaluate these.</p> <p>Learning Objective: Gymnastics</p> <p>Apply knowledge of skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in isolation and in combination.</p> <p>Learning Objective: Gymnastics</p> <p>Plan and perform with precision, control and fluency, a movement sequence showing a wide range of actions including variations in speed, levels and directions.</p> <p>Performs difficult actions, with an emphasis on extension, clear body shape and changes in direction.</p> <p>Adapts sequences to include a partner or a small group.</p> <p>Gradually increases the length of sequence work with a partner to make up a short sequence using the floor, mats and apparatus, showing consistency, fluency and clarity of movement.</p> <p>Draw on what they know about strategy, tactics and composition when performing and evaluating.</p> <p>Analyse and comment on skills and techniques and how these are applied in their own and others' work.</p> <p>Uses more complex gym vocabulary to describe</p>	<p>Can create their own games using knowledge and skills.</p> <p>Modifies competitive games.</p> <p>Compares and comments on skills to support creation of new games.</p> <p>Can make suggestions as to what resources can be used to differentiate a game.</p> <p>Apply knowledge of skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in isolation and in combination.</p> <p>Learning Objective: As above</p>	<p>Can create their own games using knowledge and skills.</p> <p>Modifies competitive games.</p> <p>Compares and comments on skills to support creation of new games.</p> <p>Can make suggestions as to what resources can be used to differentiate a game.</p> <p>Apply knowledge of skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in isolation and in combination.</p> <p>Learning Objective: As above</p>	<p>Can use equipment safely and with good control.</p> <p>Learning Objective: Striking and Fielding</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together effectively.</p> <p>Keeps possession of balls during games situations.</p> <p>Consistently uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p> <p>Compares and comments on skills to support creation of new games.</p> <p>Can make suggestions as to what resources can be used to differentiate a game.</p> <p>Uses running, jumping, throwing and catching in isolation and in combination.</p>
--	--	--	---	---	--

	<p>Dances with fluency, linking all movements and ensuring they flow.</p> <p>Demonstrates consistent precision when performing dance sequences.</p> <p>Modifies parts of a sequence as a result of self and peer evaluation.</p> <p>Uses more complex dance vocabulary to compare and improve work.</p>		<p>how to improve and refine performances.</p> <p>Develops strength, technique and flexibility throughout performances.</p>			
Year 6	Clubs		Competition/Festivals		Enrichment Opportunities	
	<p>Dance Club</p> <p>Tag Rugby</p> <p>Netball</p> <p>Handball</p> <p>Multi-Skills</p>		<p>Girls and Boys Football</p> <p>Sports Hall Athletics</p> <p>Trail and Challenge</p> <p>Handball</p> <p>Netball</p> <p>Intra Sports Hall Athletics competition</p> <p>Dance Festival</p> <p>Football Festival- Amberley</p>		<p>Athlete Visit</p> <p>Cricket club- Seaton Burn</p> <p>Falcons Rugby Visit and taster sessions</p> <p>Netball taster sessions</p> <p>Football visit and taster sessions</p> <p>Bikeability</p>	