



Connect Mental Health Coffee Morning Hazlewood Community Primary School

Thursday 24th October 2024

Woodlands Hall Community Centre - 9:30am

Coffee and
cake

Discuss your
children's
mental health



Meet the
Connect Team

Share
experiences,
advice and
concerns

Taking care of our
mental health is
important!

Meet the North
Tyneside Connect
team who can advise,
support and listen.

We would love to see
you there! Everybody
welcome.

Drop in for a chat over
a tea or coffee, there
will be information
about local and
national support
networks.

